C-FRESH

***Team Members***

Sweing Nakarmi

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| Version:1.0 **Belbin’s Analysis** Date reviewed:17/03/2024 | | |
| Primary role | Sweing Nakarmi | Plant |
| Secondary role | Sweing Nakarmi | Co-ordinator |
| Least likely role | Sweing Nakarmi | Shaper |

**Sweing Nakarmi**

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| Do you think the descriptions of these roles are an accurate description of your behavior in teams? How do you see yourself differently? | Sweing Nakarmi | Absolutely! I identify strongly with those descriptions. I find myself flourishing in situations that demand creativity and teamwork. My strengths lie in collaborating with my teammates and even leading them. |
| Are there roles identified by Belbin that you might like to develop in yourself more? Which ones and why? | Sweing Nakarmi | I'm particularly interested in strengthening my Shaper role. However, I've identified a tendency to lose focus and drive at times. To address this and become a more effective Shaper, I'd like to develop strategies for maintaining focus and motivation. |
| What possible situations in the coming months can you identify where you could work on developing these skills? | Sweing Nakarmi | In the execution phase, I can leverage my focus and motivation to actively shape the project's direction. This will involve proactively identifying areas for improvement and suggesting creative solutions, all while keeping the team aligned with the goals. |
| Considering your team working, how do you think you could improve your effectiveness in group work and in contributing to the success of teams that you work in? | Sweing Nakarmi | I can leverage my communication skills to keep the team informed and motivated. By proactively sharing project updates, fostering open discussions, and encouraging collaboration, I can help the team gel together and function more efficiently. |
| Are the results of this inventory consistent with how you worked in the Foundation Project in your small groups for discussions and presentations? | Sweing Nakarmi | In past projects, I've consistently strived to contribute as a Shaper. While my approach may have evolved over time, the core principles of maintaining focus, driving creativity, and motivating colleagues have remained constant. |
| How well do you want to contribute to group presentations? | Sweing Nakarmi | I'm eager to make a significant contribution to our group presentations and ensure they run smoothly. I'm happy to take on a leadership role in coordinating the team and keeping the project on track. |